

COMMUNITY LIVING

North Grenville



Inspiring Possibilities

“All person’s live in a state of dignity, share in all elements of living in the community, and have the opportunity to participate effectively”

Orientation Handbook for Person’s Served



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Programs/Services at Community Living
North Grenville are accredited by CARF

January 2014

Welcome

On behalf of the Board of Directors, staff and volunteers, I would like to welcome you to Community Living North Grenville. We will work together with you and your family to support you according to your wishes, as an individual.

Our organization was founded in 1967 by a group of volunteers comprised of parents and interested citizens of the North Grenville community, to provide support for their sons, daughters and friends who have an intellectual disability. It is from those roots that our organization has grown. The volunteer and family movement still plays an important role in our organization. With that in mind, it is critical that persons served recognize who we are, our vision and mission and our founding members.

Community Living North Grenville is CARF accredited CARF International establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services. Community Living North Grenville has put itself through a rigorous peer review process and has demonstrated to a team of surveyors that its programs and services are of the highest quality, measureable and accountable. We are incredibly proud of our organization being recognized to this degree.

Staff and volunteers will work closely with you to provide the best possible resources we have at our disposal.

Sincerely,
Sandra McNamara
Executive Director



Our Mission

Community Living North Grenville advocates for, promotes and facilitates the full participation, inclusion and citizenship of people who have an intellectual disability. To facilitate this mission, Community Living North Grenville will:

- Provide input to our provincial body (Community Living Ontario) that promotes positive change in public policy;
- Provide expertise, support to individuals and their families, resources, information and education;
- Create and respond to opportunities for networking, actively supporting and partnering with those who share our vision;
- Build public awareness; and
- Develop, nurture and support local community capacity and innovation.



Our Values

- Community means supporting people to establish their lives in the “community”, as we know it. The community at large will have an opportunity for shared responsibility in the lives of people we support;
- We involve a process of life planning with people on an individual basis;
- All people have every opportunity for choice of where they work, live, enjoy leisure time and retire;
- All children should be supported within their family, where it nurtures well being and personal growth;
- All children go with their friends to neighbourhood schools where they grow and learn together;
- All people enjoy and exercise all the rights and duties of full citizenship;
- All people have the opportunity to develop meaningful friendships and other naturally supportive relationships in the community;
- All people have the freedom to participate in their communities through political and religious expression;
- All people have access to comfortable and suitable homes that they can call their own;
- All people will be treated with dignity and respect;
- All people live with a sense of security and freedom from harm;
- All people have access to quality health care and adequate income;
- All people will be supported by competent and caring employees and volunteers, who are committed to quality improvement and accountability.

Exercise Your Rights

Individuals with disabilities have the same rights as all citizens. Their need for help can lead people to make assumptions about a person's abilities to exercise rights. Although some people may need assistance and support from others to exercise and maintain their rights, this does not change their basic rights.

A pro-active approach to rights starts with the belief that people with disabilities have the same rights as all people and that, with assistance, people can exercise those rights. Community Living North Grenville promotes supports that respect individual differences and provide opportunities for individual development. We believe that by creating positive conditions that support individual growth, rights are more likely to be respected. As people experience more and gain a greater capacity to make decisions, the need for supervision and the potential for rights restriction are diminished. This process is called affirming and protecting individual rights.

Affirming rights means respecting individual preferences and choices and providing the assistance people need to exercise their rights.

Protecting rights means ensuring that an individual's rights are not ignored or infringed upon.

This affirmation and protection is reflected in all aspects of the service process, from service initiation to discharge and follow-up.



Quality Assurance Measures

In 2011 the Ministry of Community and Social Services put in place Regulation 299/10 which talks about Quality Assurance Measures. You will be provided with training where appropriate in regards to what this regulation means to you through our Rights Committee.

Respect

Community Living North Grenville strives to provide the highest level of respect to persons served possible. When people are respected there is a higher likelihood for them to be seen as valued citizens in our community.

Community Living North Grenville also has a moral and legal obligation to provide a workplace that is free of violence and harassment, for both persons served, our employees and volunteers. With that in mind Community Living North Grenville staff members and volunteers have the right to work in harassment free workplaces. Disrespect, violence, unfair or demeaning treatment by coworkers, persons served or family members will not be tolerated.



Outcomes Management

“Community Living North Grenville is an organization that is interested in constantly changing the way it does business to keep in touch with the needs of people with an intellectual disability. It is an organization that is interested in an outcomes approach to quality improvement.”

The above philosophy was adopted by CLNG a number of years ago. The next step to that process was putting that statement into action. To begin the process, support staff were asked to participate in an interview process with someone who receives services from CLNG. During this interview they ask people questions that focus on the items and issues that matter most to people in their lives. Once these questions were answered support staff then began the job of matching services to the desired outcomes. This meant that traditional approaches to service were changed and services were now directed by the people who were receiving the service.



How do I Get Services & Supports?

As of July 1, 2011 adults (over the age of 18), wanting services locally need to contact Developmental Services Ontario to apply for services— www.dsontario.ca

Community Living North Grenville will help. A worker from the local DSO will visit you at home or at a place nearby to complete the needed paperwork and assessments. You will not have to travel to Kingston. The regional DSO for our area is Southeast Region and is hosted by Extend-A-Family in Kingston.

Developmental Services Ontario, Extend-A-Family,
361 Montreal St, Kingston ON K7A 3H4.

regional.access@kos.net Phone: 1-855-237-6737

Developmental Services Ontario agencies can provide you with information about services and supports in your community that help adults with intellectual disabilities. We can also tell you about other community programs that might be useful or interesting to you.


Community Living North Grenville offers people with an intellectual disability many support options including;

- shared living supports;
- supported independent living/individual living supports;
- host Family Home
- Community Access
- Respite
- Individualized funding (Passports and Special Services at Home)

To find out more about the options and services in your community, please visit

<http://www.dsontario.ca/agencies/dso-southeast>

There are two ways for adults with intellectual disabilities and their families to get supports. One way is to use the supports provided by government agencies. The other way is through direct funding.



CLNG Intake Process

Intake is a process by which a person with an intellectual disability and their family find out about Community Living North Grenville and our services, as well as other community services.

In turn, Community Living North Grenville learns about you, including your diagnosis and medical needs, the supports/ services you want, and the best way to provide support. Information is gathered from you, your family, and others. You will be asked to sign a release of information form. This allows us to share information.

The first meeting can take place in your family home, or in the boardroom at Community Living North Grenville. This is decided by you. Information is given both verbally and in printed form. The information we receive at this meeting is sent on to Developmental Services of Ontario. They are the people who decide if you are eligible for our services. It is your responsibility to call the DSO to set up an appointment after you receive a letter from them.

If they say yes, you are eligible for our services; we will make another meeting with you to talk about how we can help you. Community Living North Grenville will ask you to have your doctor fill out a medical form.

If the DSO says no, you are not eligible for our services; the intake coordinator will provide you with information about someone who can help you.



Services We Provide

Residential Services

Residentially, Community Living North Grenville offers an individualized approach to living in the community. We consider our homes to belong to the people who live in them. Living arrangements vary from person to person and family to family. Supports can also vary from as little as a few hours per week to 24 hour support per day. Community Living North Grenville currently operates eight homes that are staffed 24 hours per day. Within the constraints of current resources, Community Living North Grenville staff members work to ensure that personal outcomes for people are realized. The basic tasks of making decisions about lifestyles and values are often very difficult for people who are accustomed to having most decisions made by family or paid staff. The people we support challenge us to be creative, responsive and encouraging.

Community Supports

There are a number of services available within Community Living North Grenville that can assist you to find purpose and meaning in the things you do every day. These activities could be a real job for real wages, or volunteering with a local agency and sharing your skills and interests, or making new friends and social connections in your community by participating in leisure and recreation events, for example a bowling league, curling team, etc.

The name is Community Supports and our main purpose is providing individual support that promotes full community participation and a sense of belonging.



Supported Independent Living

Community Living North Grenville supports people to live in their own apartments or homes. Support varies from a few hours per week to twelve hours per day. This ensures that people receive the opportunity to develop their physical, intellectual, social, emotional and independent living capabilities to the fullest extent possible.

Community Options

Community options provides opportunities for people we support to be included in the broader community through leisure, recreation, volunteering and self advocacy. Following their interests and abilities, people pursue further education, hobbies and recreational activities in the community.

Out of Home Respite

Out of home respite provides a safe and supportive environment for people to learn and have fun. Planned out of home respite is a proactive and preventative way for people to experience life away from their families, often offering a “first glimpse” of supports available in our community. This opportunity frequently provides adults with experiences for a transition to a more independent life. In many cases it gives people the confidence to pursue other community based experiences.

Employment Supports

Community Living North Grenville seeks out and provides employment opportunities for people who identify employment as a personal goal. Through the volunteer and employment support efforts, volunteers and job seekers are matched to opportunities and, if needed, support staff work alongside the new workers to help them gain skills and success.



Youth Services

Young adults are supported to experience a variety of community activities from which to make informed choices. This program provides funding for people, including those living at home, to help them transition from school to meaningful opportunities that connect them to the broader community. Linkages are developed between the education system and community agencies benefitting both students and their families. These services are funded by the Ministry of Community and Social Services and administered through Leeds and Grenville service providers.

Children's Services

Community Living North Grenville provides advocacy, support and networking opportunities for children and their families. We offer assistance with planning and completing applications for support such as Special Services at Home, Assistance for Children with Severe Disabilities, and Special Needs funding. We have representation on Special Education Advisory Committee for the Upper Canada District School Board and the Catholic School Board of Eastern Ontario. Our goal is to ensure that all children have inclusive opportunities in our community and schools.



Funding

ACSD

Assistance for Children with Severe Disabilities program assists parents with some of the extra costs of caring for a child who has a disability.

www.children.gov.on.ca

Ontario Disability Support Program

The Ontario Disability Support Program (ODSP) is designed to meet the unique needs of people with disabilities who are in financial need, or who want and are able to work and need support. Income support provides financial assistance and other benefits to eligible people with disabilities and their families. This includes accommodations and basic living expenses, as well as prescription drugs and basic dental care. If applicable, apply for this six months before you turn 18 years old.

www.mcass.gov.on.ca

Passport Initiative

Passport funding is intended to provide opportunities for people who are seeking community participation supports but may not be ready or able to pursue competitive employment.

www.mcass.gov.on.ca

SSAH (Children Only 18yrs old and under)

Special Services at Home is a program funded by the Ministry of Community and Social Services and Children and Youth Services. Funding is provided directly to families through this program to purchase the services of an independent worker to provide Developmental and Relief support to a relative who has an intellectual disability living at home.

www.mcass.gov.on.ca



Self Directed Support Plan

In order to fully benefit from your relationship with Community Living North Greenville, it is expected, with consultation with the individual, family and Community Living staff, that a self-directed support plan be created.

The Self-Directed Support Plan, which is reviewed annually, will serve as a road map to help achieve your goals and also, as a benchmark from which we can measure the success and effectiveness of services.

A Self Directed Support Plan can help to identify needs and goals in areas such as housing, employment, leisure and recreation, health, safety, rights and privacy.

The Association will assist in developing the Self-Directed Support Plan and provide information to the person served and their family about the services and options available to implement and maintain the plan.



People First Website: <http://peoplefirstng.wordpress.com>

People First North Grenville is a self-advocacy group. We are committed to creating a supportive community for adults who have an Intellectual Disability.

We offer people a place to practise making decisions, helping others and solving problems.

At the regular meetings people have a chance to talk about current issues and any concerns they may have.

We have dances and bbq's throughout the year for everyone.

We are involved with People First of Ontario and have gone to conferences to learn more about mentoring, leadership and the People First movement.

Meetings are held every last Wednesday of the month (except July, August and December) at the Community Living North Grenville building from 4:00—5:00 pm.

Everyone is welcome to attend as we are always looking for new people to join.

Sincerely,
Wayne Richer, President



Community Living North Grenville Community Events

Community Living North Grenville hosts numerous events over the course of the year. Many of these events are held during Community Living month in May of each year.



Contact Information

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613-258-7177

www.communitylivingnorthgrenville.ca

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